

A person wearing a blue long-sleeved shirt, khaki pants, and a blue baseball cap is walking away from the camera through a field of tall, golden-brown grass. The background shows rolling hills under a bright, hazy sky, suggesting a sunset or sunrise. The overall mood is peaceful and contemplative.

# Walking With Wisdom

Mother Teresa of Calcutta

"We cannot find God in noise and agitation. Nature: trees, flowers and grass grow in silence. The stars, the moon and the sun move in silence. What is essential is not what we say but what God tells us and what He tells others through us. In silence, He listens to us; in silence, He speaks to our souls.

In silence, we are granted the privilege of listening to His voice.

Silence of our eyes. Silence of our ears. Silence of our mouths. Silence of our minds.... In the silence of the heart, God **will** speak.

Silence of the heart is necessary so you can hear God everywhere: in the closing of the door, in the person who needs you, in the birds that sing, in the flowers, in the animals.

**If we are careful of silence it will be easy to pray."**